



MENTAL HEALTH CARE CRISIS

Published studies report that about 25% of all U.S. adults have a mental illness and that nearly 50% of U.S. adults will develop at least one mental illness during their lifetime.

PSYPACT can increase a patient's access to mental health care from qualified licensed psychologists and can change the way in which patients are able to receive mental health care through telepsychology.

Source: CDC, 2016



OPIOID EPIDEMIC

Drug overdose deaths and opioid-involved deaths continue to increase in the United States. On average, 115 Americans die everyday from an opioid overdose.

PSYPACT allows for access to licensed psychologists that have specific training in addictions even though they may not be located in a patient's state.

Source: CDC, 2017



IMPORTANCE OF TELEHEALTH

Telehealth procedures for psychological treatment has been repeatedly demonstrated to be effective and provides several advantages over traditional treatment methods such as accessibility, versatility and affordability.

PSYPACT allows for the provision of psychological services via telecommunications technologies across state lines by licensed psychologists.

Sources: Barak, Hen, Boniel-Nissim & Shapira, 2008; Epstein, 2011; Wencesalo, 2012

WHY PSYPACT IS IMPORTANT

In the midst of an ongoing mental health care crisis in the United States, there is an increasing need for accessible and continuous care from qualified mental health care professionals like licensed psychologists. The Psychology Interjurisdictional Compact, or PSYPACT, is an interstate compact designed to increase access to mental health care services through telepsychology.



ACCESS TO CARE

Access to mental health care services continues to be a challenge for many people seeking care. PSYPACT can increase the number of qualified licensed psychologists available to provide care as well provide a different delivery method of care via telepsychology.

For example, PSYPACT can benefit individuals in those in rural areas, those who lack specialty care (e.g. autism spectrum disorder, child treatment, opioid addiction) or those afraid to seek treatment due to the stigma of mental health care.



CONTINUITY OF CARE

One of the primary benefits of PSYPACT is continuity of care. With the population becoming increasingly mobile, there is an increased need for continuity of service across state lines.

It can be challenging for a patient to find a psychologist that meets their specific needs. Once that therapeutic relationship is established, patients often desire to continue that service if they move or relocate. PSYPACT can ensure that patients can continue to see their psychologists as they move or relocate.



COORDINATION OF CARE

Patients and their care coordinating family members often live in different states. Although family members do not require licenses to coordinate care across state lines, there may be rules regarding the ability for out-of-state family members to be able to participate in care coordination efforts.

PSYPACT can assist in facilitating the coordination of care by allowing family members who may not be local to the patient's area to participate in their treatment and provide additional support for the patient.



Reducing Regulatory Barriers. Increasing Access to Mental Health Care.

Created by the Association of State and Provincial Psychology Boards (ASPPB), the Psychology Interjurisdictional Compact (PSYPACT) is an interstate compact that facilitates the practice of psychology using telecommunications technologies (telepsychology) and/or temporary in-person, face-to-face psychological practice.

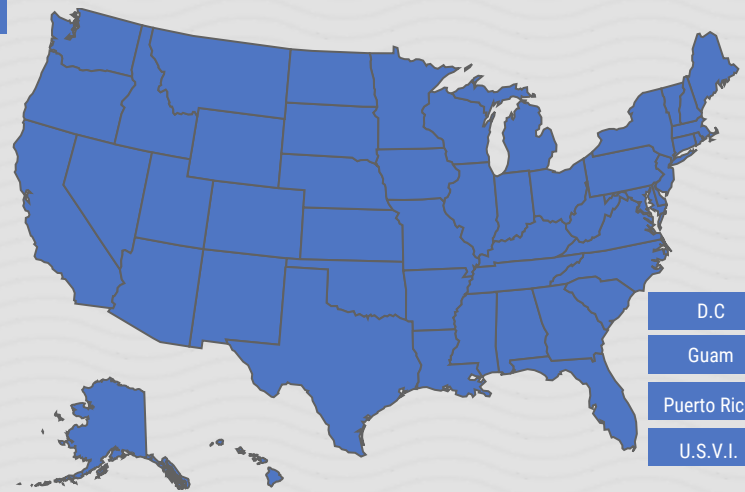
ABOUT PSYPACT

PSYPACT is a cooperative agreement enacted into law by participating states

Addresses increased demand to provide/receive psychological services via electronic means (telepsychology)

Authorizes both telepsychology and temporary in-person, face-to-face practice of psychology across state lines in PSYPACT states

PSYPACT states have the ability to regulate telepsychology and temporary in-person, face-to-face practice



HOW PSYPACT WORKS



PSYPACT must be enacted by a state legislature. Once enacted, a state joins the PSYPACT Commission, the governing body of PSYPACT.



Psychologists licensed in a PSYPACT state can practice under PSYPACT via two different methods:

Telepsychology:

Psychologists obtain an Authority to Practice Interjurisdictional Telepsychology from the PSYPACT Commission, which requires an active ASPPB E.Passport.

Temporary Practice:

Psychologists obtain a Temporary Authorization to Practice from the PSYPACT Commission, which requires an active ASPPB IPC.



PSYPACT states communicate and exchange information including verification of licensure and disciplinary sanctions.

BENEFITS OF PSYPACT

- Increases client/patient access to care
- Facilitates continuity of care when client/patient relocates, travels, etc.
- Certifies that psychologists have met acceptable standards of practice
- Promotes cooperation between PSYPACT states in the areas of licensure and regulation
- Offers a higher degree of consumer protection across state lines

HOW PSYPACT IMPACTS PSYCHOLOGISTS

- Allows licensed psychologists to practice telepsychology and/or conduct temporary in-person, face-to-face practice across state lines without having to become licensed in additional PSYPACT states
- Permits psychologists to provide services to populations currently underserved or geographically isolated
- Standardizes time allowances for temporary practice regulations in PSYPACT states

PSYPACT WHAT'S NEW WITH

THE PSYCHOLOGY INTERJURISDICTIONAL COMPACT

PSYPACT STATES

PSYPACT COMMISSION

The PSYPACT Commission is the governing body of PSYPACT responsible for oversight of the compact and for writing the Bylaws and Rules that govern PSYPACT. Each PSYPACT state has appointed a representative to serve as their state's Commissioner.

Since its formation, the PSYPACT Commission has convened for five meetings. For more information about the meetings as well as future meeting dates, please visit the Scheduled Meetings page at www.psycompact.org.

**Virginia becomes effective 1/1/2021 and North Carolina becomes effective 3/1/2021.*

PSYPACT APPLICATIONS ARE NOW OPEN

On July 1, 2020, applications to practice under the authority of PSYPACT officially opened. There are two ways to practice under PSYPACT. As a psychologist licensed in a PSYPACT state, you can apply to practice telepsychology and/or conduct temporary in-person, face-to-face practice in PSYPACT states.

VISIT WWW.PSYCOMPACT.ORG TO START YOUR APPLICATION!

FEES FOR PSYCHOLOGISTS

TELEPSYCHOLOGY	FEE	TEMPORARY IN-PERSON, FACE-TO-FACE PRACTICE	FEE
Authorization to Practice Interjurisdictional Telepsychology	\$40	Temporary Authorization to Practice	\$40
E.Passport Application Fee*	\$400	Interjurisdictional Practice Certificate (IPC) Application Fee	\$200
E.Passport Annual Renewal Fee	\$100	Interjurisdictional Practice Certificate (IPC) Annual Renewal Fee	\$50

PSYPACT COMMISSION TIMELINE

- July 22-23, 2019** Inaugural PSYPACT Commission Meeting held (in-person)
- October 9, 2019** PSYPACT Commission Meeting held for Proposed Rules from July 2019 Meeting (via teleconference)
- November 21-22, 2019** PSYPACT Commission Meeting (in-person)
- January 28, 2020** PSYPACT Commission Meeting Scheduled (via teleconference)
- February 27, 2020** PSYPACT Commission Meeting held for Proposed Rules from November 2019 Meeting (via teleconference)
- November 19-20, 2020** PSYPACT Commission Meeting (via teleconference)

**ASPPB has temporarily waived the E.Passport application fee of \$400 until 12/31/2020.*

PSYPACT LEGISLATION SUMMARY

ARTICLE I PURPOSE

- Allows for the delivery of psychological services via telecommunications from providers to patients in separate states.
- Allows for up to 30 days of in-person, face-to-face practice.
- Recognizes that states have a vested interest in the protection of public health and safety and through this compact and regulation will afford the best available protection.

ARTICLE II DEFINITIONS

- This article defines terms used throughout the compact to alleviate confusion on the part of the states and practitioners.
 - (N) "Home State" is the Compact State where a psychologist is licensed to practice.
 - When delivering telepsychology services it is where the psychologist is physically located, and in this case the client/patient is in the (V) "Receiving State."
 - When practicing in-person and face-to-face on a temporary basis, both the psychologist and the client/patient are present is the (K) "Distant State."
- (L) "E.Passport" is the credential vetted and issued by ASPPB granting authorization to practice interjurisdictional telepsychology in a "Receiving State" where the psychologist with this credential is not currently licensed.
- (Q) "Interjurisdictional Practice Certificate" or "IPC" is the credential vetted and issued by ASPPB granting temporary authority to practice in a "Distant State" where the psychologist with this credential is not currently licensed.

ARTICLE III HOME STATE LICENSURE

This article denotes what home state licensure means, what the minimum requirements to provide services through the compact are, and what must be required by the state to allow for the practice of telepsychology and the temporary in-person, face-to-face practice of psychology.

ARTICLE IV COMPACT PRIVILEGE TO PRACTICE TELEPSYCHOLOGY

This section lays out the education and training requirements to provide services through the compact. This section also requires a psychologist practicing under the compact to practice within his or her areas of competencies, be subject to the scope of practice of the Receiving State, and possess a current and active E.Passport. A psychologist must be licensed at the doctoral level to qualify for the E.Passport.

ARTICLE V COMPACT TEMPORARY AUTHORIZATION TO PRACTICE

By accepting the compact, the jurisdiction will allow for temporary in-person, face-to-face practice for up to 30 days within each calendar year. The education requirements are similar to those listed in Article IV with the substitution of a requirement to hold an IPC instead of the E.Passport. The psychologist must be licensed at the doctoral level to qualify for the IPC. The other components are like those in Article IV.

ARTICLE VI CONDITION OF TELEPSYCHOLOGICAL PRACTICE IN A RECEIVING STATE

A psychologist must practice interjurisdictional telepsychology in accordance with the scope of practice of the Receiving State and within the rules of the Commission. Specifically, this means that any psychologist practicing telepsychology into a Receiving State via PSYPACT would abide by the Receiving State's scope of practice; therefore, no psychologist would be afforded prescriptive privileges even if those privileges were granted by his/her Home State.

ARTICLE VI ADVERSE ACTIONS

This section covers how the Home, Receiving, and Distant States will conduct and report adverse actions to each other, as well as the consequences for a psychologist who receives an adverse action. Any compact state can cause the E.Passport or IPC to be revoked for an out-of-state psychologist who violates that state's laws.

ARTICLE VIII ADDITIONAL AUTHORITIES INVESTED IN A COMPACT STATE'S PSYCHOLOGY REGULATORY AUTHORITY

- This section provides all compact states the right to maintain their psychology regulatory authority and the right to: Issue Subpoenas, for both hearings and investigations.
- Issue Cease and Desist and/or Injunctive Relief Orders to revoke a psychologist's authority to practice interjurisdictional telepsychology and/or authorization for temporary practice.

ARTICLE IX COORDINATED LICENSURE INFORMATION SYSTEM

This section denotes the requirement of sharing licensee information for all compact states.

ARTICLE X ESTABLISHMENT OF THE PSYPACT COMMISSION

This section establishes the ruling Commission of the compact. The compact is not a waiver of sovereign immunity.

- The Commission shall consist of one voting representative appointed by each compact state who shall serve as that state's Commissioner, appointed by each state's psychology regulatory authority.
- Each Commissioner is granted (1) vote regarding creation of rules and bylaws and shall otherwise have the opportunity to participate in the business and affairs of the Commission.

ARTICLE XI RULEMAKING

This section lays out the requirements for rules made to the current compact once accepted by the first seven (7) states. Commission rules are limited to Compact administration and do not constitute new rules for the State Regulatory Authority as to its state responsibilities. The rules of PSYPACT would only supersede any state law pertaining to the interjurisdictional practice of telepsychology and temporary in-person, face-to-face practice pursuant to the compact.

ARTICLE XII OVERSIGHT, DISPUTE RESOLUTION AND ENFORCEMENT

This section details the oversight and enforcement of the compact by accepting states.

ARTICLE XIII DATE OF IMPLEMENTATION OF PSYPACT COMMISSION AND ASSOCIATED RULES, WITHDRAWALS, AND AMENDMENT

The compact becomes effective on the date of enactment in the seventh compact state. States that join after the adoption of the rules shall be subject to the rules as they exist on the date which the compact becomes law in that state.

ARTICLE XIV CONSTRUCTION AND SEVERABILITY

This compact shall be liberally construed so as to effectuate the purposes thereof. If this Compact shall be held contrary to the constitution of any state member thereto, the compact shall remain in full force and effect as to the remaining compact states.

UNDERSTANDING

HOW PSYPACT WORKS



1 STATES ENACT PSYPACT

PSYPACT legislation is enacted by a state legislature. Upon enactment, the state officially joins PSYPACT.



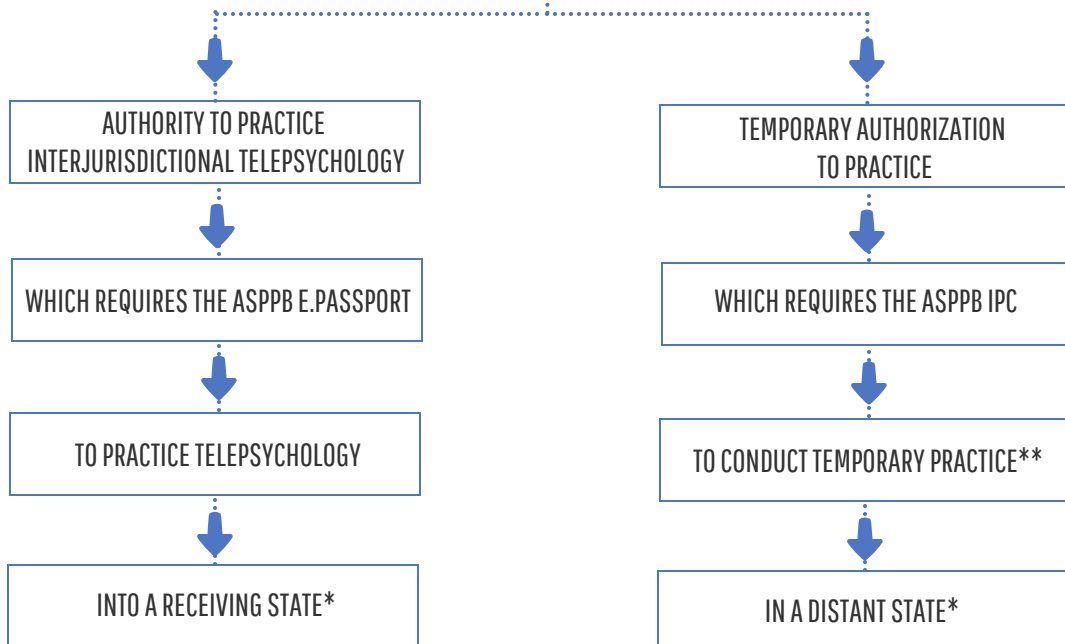
2 STATES JOIN THE PSYPACT COMMISSION

Each state appoints a representative to serve as that state's Commissioner. The PSYPACT Commission is the governing body of PSYPACT and is responsible for writing the Bylaws and Rules of PSYPACT.



3 PSYCHOLOGISTS PRACTICE UNDER PSYPACT

Psychologists licensed in their Home State* can obtain authorization to practice under PSYPACT from the PSYPACT Commission:



* Indicates must be a Compact State that has enacted PSYPACT legislation

** Indicates temporary practice must be in-person, face-to-face

THERE ARE TWO WAYS TO PRACTICE UNDER PSYPACT

As a psychologist licensed in a PSYPACT state, you will soon be eligible to apply to practice telepsychology and/or conduct temporary in-person, face-to-face practice in PSYPACT states.

HERE IS WHAT YOU NEED TO KNOW:

TO PRACTICE



TELEPSYCHOLOGY



PSYPACT Commission Requirements

- In order to practice telepsychology under the authority of PSYPACT, the PSYPACT Commission requires that a psychologist obtain an Authority to Practice Interjurisdictional Telepsychology (APIT).



Authority to Practice Telepsychology Requirements

- Possess an active ASPPB E.Passport (see requirements below)
- Hold a full, unrestricted license to practice psychology in a PSYPACT state
- Provide attestations



ASPPB E.Passport Requirements

- Have a current, active psychology license based on a doctoral degree in at least one PSYPACT state
- No disciplinary action listed on any psychology license
- Have a doctoral degree in psychology from a program that was accredited by APA/CPA or designated as a psychology program by the ASPPB/ National Register Joint Designation Committee at time of conferral; or deemed to be equivalent by a recognized foreign credential evaluation service
- Official transcripts must be sent to ASPPB from institution granting degree
- Successful completion of the Examination for Professional Practice (EPPP) with a score that meets or exceeds the established ASPPB recommended passing score at the time of application
- Annual renewal with three (3) hours of continuing education relevant to the use of technology in psychology



Fees

- APIT Fee: \$40 (one time fee)
- ASPPB E.Passport Application Fee: \$400 (one time fee)
- ASPPB E.Passport Renewal Fee: \$100 (annual fee)



Time Limit

- Unlimited



Scope of Practice

- Subject to the Receiving State's scope of practice



Initiation and Provision of Psychological Services

- When treating a client/patient in a Receiving State, a psychologist must initiate a client/patient contact while physically located in a psychologist's Home State via telecommunications technologies.

TO CONDUCT



TEMPORARY PRACTICE



PSYPACT Commission Requirements

- In order to conduct temporary practice under the authority of PSYPACT, the PSYPACT Commission requires that a psychologist obtain a Temporary Authorization to Practice (TAP).



Temporary Authorization to Practice Requirements

- Possess an active ASPPB Interjurisdictional Practice Certificate (IPC) (see requirements below)
- Hold a full, unrestricted license to practice psychology in a PSYPACT state
- Provide attestations



ASPPB IPC Requirements

- Have a current, active psychology license based on a doctoral degree in at least one PSYPACT state
- No disciplinary action listed on any psychology license
- Have a doctoral degree in psychology from a program that was accredited by APA/CPA or designated as a psychology program by the ASPPB/ National Register Joint Designation Committee at time of conferral; or deemed to be equivalent by a recognized foreign credential evaluation service.
- Official transcripts must be sent to ASPPB from institution granting degree
- Annual renewal



Fees

- TAP Fee: \$40 (one time fee)
- ASPPB IPC Application Fee: \$200 (one time fee)
- ASPPB IPC Renewal Fee: \$50 (annual fee)



Time Limit

- 30 days per calendar year per PSYPACT state



Scope of Practice

- Subject to the Distant State's scope of practice



Authority and Law

- A psychologist practicing into a Distant State under the TAP will be subject to the Distant State's authority and law.



ASPPB E.Passport QUICK GUIDE

**Read the ASPPB Mobility Program Policies and Procedures for a comprehensive look at the Mobility Program and requirements. Note: Requirements are subject to change and are determined by the Mobility Committee.*

The E. Passport facilitates the process for licensed psychologists to practice telepsychology across state lines, in states that participate in PSYPACT,* without obtaining additional licenses.

**In order to practice telepsychology under the authority of PSYPACT, the PSYPACT Commission requires that a psychologist obtains an Authority to Practice Interjurisdictional Telepsychology (APIT). The E.Passport is required in order to obtain an APIT from the PSYPACT Commission.*

Application Checklist



License

- Must have a current and active psychology license, based on a doctoral degree, in at least one PSYPACT participating state.
- No disciplinary action listed on any psychology license.



Education

- Must have a doctoral degree in psychology from an institution of higher education that was, at the time the degree was awarded: (1) accredited by the American Psychological Association, the Canadian Psychological Association, or designated as a psychology program by the Joint Designation Committee of the Association of State and Provincial Psychology Boards and the National Register of Health Service Psychologists; or (2) deemed to be equivalent to (1) above by a foreign credential evaluation service that is a member of the National Association of Credential Evaluation Services (NACES) or by a recognized foreign credential evaluation service.
- Graduate degree transcripts must be sent directly by the degree granting institution to ASPPB in a sealed envelope with appropriate institutional seals



Examination

- Successful completion of the Examination for Professional Practice in Psychology (EPPP) with a score that meets or exceeds the established ASPPB recommended passing score at the time of application.

Renewal Requirement

Annual renewal by submission of established fee, documentation of a current and active license in a PSYPACT participating state and demonstration of 3 hours of continuing education relevant to the use technology in psychology (continuing education may include academic courses and/or approved sponsor continuing education). Failure to renew will cause the certificate to expire and the certificate holder may not practice if certificate is expired.



ASPPB Interjurisdictional Practice Certificate (IPC) QUICK GUIDE

**Read the ASPPB Mobility Program Policies and Procedures for a comprehensive look at the Mobility Program and requirements. Note: Requirements are subject to change and are determined by the Mobility Committee.*

The IPC facilitates the process for licensed psychologists to provide temporary psychological services across state lines, in states that participate in PSYPACT,* without obtaining additional licenses. Temporary psychological services can be provided up to 30 days per calendar year.

**In order to conduct temporary practice under the authority of PSYPACT, the PSYPACT Commission requires that a psychologist obtains a Temporary Authorization to Practice (TAP). The IPC is required in order to obtain a TAP from the PSYPACT Commission.*

Application Checklist



License

- Must have a current and active psychology license, based on a doctoral degree, in at least one PSYPACT participating state.
- No disciplinary action listed on any psychology license.



Education

- Must have a doctoral degree in psychology from an institution of higher education that was, at the time the degree was awarded: (1) accredited by the American Psychological Association, the Canadian Psychological Association, or designated as a psychology program by the Joint Designation Committee of the Association of State and Provincial Psychology Boards and the National Register of Health Service Psychologists; or (2) deemed to be equivalent to (1) above by a foreign credential evaluation service that is a member of the National Association of Credential Evaluation Services (NACES) or by a recognized foreign credential evaluation service.
- Graduate degree transcripts must be sent directly by the degree granting institution to ASPPB in a sealed envelope with appropriate institutional seals

Renewal Requirement

Annual renewal by submission of established fee and documentation of a current and active license in a PSYPACT participating state. Failure to renew will cause the certificate to expire and the certificate holder may not practice if certificate is expired.

STEP-1



APPLICATION

ASPPB E.Passport

Start the E.Passport application by visiting ASPPB's credentials management system, PSY|PRO, at www.psypro.org and log in. Select 'Practicing Telepsychology' from the left menu. Work through the application checklist and submit for review. For an application quick guide, click [HERE](#). Once your application has been reviewed, Step 2- Authorization, will automatically begin.

STEP-2



AUTHORIZATION

Authority to Practice
Interjurisdictional Telepsychology
(APIT) from the
PSYPACT Commission

In addition to the E.Passport, you must obtain an Authority to Practice Interjurisdictional Telepsychology (APIT) from the PSYPACT Commission. Once your E.Passport application review is complete, your APIT application will automatically begin in PSY|PRO. Once you are notified via email, you will only need to log in to PSY|PRO to declare your Home State. for the E.Passport/APIT, Home State is the PSYPACT participating state where you are licensed and physically present when the telepsychological services are delivered.

STEP-3



UPDATE & ABIDE

Update Home State & Abide by
Scope of Practice

You can use the E.Passport/APIT to practice telepsychology in any PSYPACT participating state without obtaining an additional license. You are responsible for keeping your declared Home State updated in PSY|PRO. You will be subject to the scope of practice of the Receiving State. Receiving State is the PSYPACT participating state where the client/patient is physically located when the telepsychological services are delivered.

STEP-4



CE & RENEW

Complete Continuing Education (CE)
Requirements & Annual Renewal

In order to maintain the E.Passport, you will need to complete the required 3 credit hours of CE relevant to the use technology in psychology annually. You will also need to complete the annual renewal process. Renewal reminders are sent via email so please keep your contact information updated. Renewals are completed in PSY|PRO.

STEP-1



APPLICATION

ASPPB Interjurisdictional Practice Certificate (IPC)

Start the IPC application by visiting ASPPB's credentials management system, PSY|PRO, at www.psypro.org and log in. Select "Practicing Temporarily" from the left menu. Work through the application checklist and submit for review. For an application quick guide, click [HERE](#). Once your application has been reviewed, Step 2- Authorization, will automatically begin.

STEP-2



AUTHORIZATION

Temporary Authorization to Practice (TAP) from the PSYPACT Commission

In addition to the IPC, you must obtain Temporary Authorization to Practice (TAP) from the PSYPACT Commission. Once your IPC application review is complete, your TAP application will automatically begin in PSY|PRO. Once you are notified via email, you will only need to log in to PSY|PRO and declare your Home State. For the purposes of the IPC/TAP, Home State is the PSYPACT participating state where you are licensed.

STEP-3



UPDATE, TRACK & ABIDE

Update Home State, Track Days & Abide by Scope of Practice

You can use the IPC/TAP to practice temporarily for up to 30 days per calendar year in each compact state without obtaining an additional license. You are responsible for tracking the number of days worked and updating your declared Home State in PSY|PRO. You will be subject to the scope of practice of the Distant State. Distant State is the PSYPACT participating state where you are physically present when providing temporary, in-person face-to-face psychological services.

STEP-4



RENEW

Complete Annual Renewal

.In order to maintain the IPC, you will need to complete the annual renewal process. Renewal reminders are sent via email so please keep your contact information updated. Renewals are completed in PSY|PRO.